



**PROCLAMATION-INVITATION TO PARTICIPATE  
IN THE ANNIVERSARY 10<sup>TH</sup> MARATHON OF CRETE**

Dedicated to the memory of Blessed Metropolitan Irineos Galanakis

**Sunday, April 19<sup>th</sup> 2026**

The **Cretan International Marathon** is a cultural and, above all, sports event that has been held in Chania since 2016 and is included in the official program of sports events (calendar) of S.E.G.A.S. It is dedicated to Blessed Metropolitan Irineos Galanakis, who developed an important religious, humanitarian and social work in Crete, while the 10 km Road Race is dedicated to the hero Captain Kostas Iliakis, who gave his life defending the Greek airspace. For the 10th Crete Marathon, the 5 km Road Race is dedicated to the composer Mikis Theodorakis and the 2.5 km Road Race is embedded in the Values of Mass Sports. The Crete Marathon includes a variety of parallel cultural events and culminates with the Games:

**Marathon Race (42,195m)**

**10 km, 5 km & 2.5 km**

It is organized by the **Chania Health Runners Association (S.D.Y.H.)**, with co-organizers region of Crete and the Municipalities the Regional Unit of Chania, with the support of E.A.S. S.E.G.A.S. of Crete, of E.A.K. of Chania, the Primary and Secondary Education of Chania, the Chania Traffic Police, the Orthodox Academy of Crete, the Hoteliers' Union, the Chamber of Commerce and Industry (E.B.E.), the Medical Association of Chania, and is under the auspices of the Region of Crete, SEGAS, of EOT, AIMS and E.O.S.L.M.A.-Y.

The Technical Committee invites you to participate in the events  
and races of the anniversary 10th Crete Marathon on

**Sunday, April 19<sup>th</sup> 2026**

Races on public roads include:

- **Marathon Race** (42,195 m.), dedicated to Blessed **Metropolitan Ireneos Galanakis**.
- **10 km Road Race**, dedicated to the memory of the hero **Captain Kostas Iliakis**.
- **5 km Road Race** - dynamic walking, dedicated to the music composer **Mikis Theodorakis**.
- **2.5 km Road Race**—dynamic walking included in the **values of Mass Sports**.

Friday 17/04/2026 and Saturday 18/04/2026 the following events will take place:

**Friday, 17<sup>th</sup> April 2026**

- Collection of the Wreath for the awarding of the athletes from the Ancient Olive Tree of the village Vouvesin the Municipality of Platanias.

**Saturday, 18<sup>th</sup> April 2026**

- Torch Relay from the Municipalities in memory of the blessed Metropolitan Ireneos Galanakis with gathering at at the District of Crete at 8:00 pm and ending at E.A.K. Chanion (National Sports Center)

**Saturday, 18<sup>th</sup> April 2026**

- Opening ceremony of the 10th Crete Marathon at 8:15 pm

**Conditions of holding the matches**

**1. DATE OF RACES**

**Sunday, 19<sup>th</sup> April 2026**

**2. START - FINISH**

In the 10th Crete Marathon, the new attractive routes (for a record) of all events have been designed with the aim of providing better and safer service to the runners on the one hand and highlighting cultural elements of the region and the city of Chania on the other hand, and have a starting and ending point at the **National Sports Center (E.A.K.)**.

The Marathon, the 10 km and 5 km are certified by the **AIMS**.



### 3. DETAILS OF COMPETITIONS

#### 3.1 Marathon Race

(Participant limit 600 people)

Dedicated to Blessed **Metropolitan Ireneos Galanakis**

Start Time: 07:00



**Description of the route:** Start from Elev. Venizelou (outside the main entrance of the Chania stadium) - HatzimichalisGiannari (Market) - Halidon - Kountourioti (old port) - Talos square - Akti Kanari - AktiPapanikoli - Monis Gonia - Kon/nou Palaiologos - Selino - Georgiakakidon - Kladisos junction - Old National Road – Maleme - **U-turn**200 m. before the junction of Tavronitis – Old National Road – Kalamaki – Strati Pantelaki – Ag. Apostolon (north of the park) – ChrysiAkti – Daskalogianni – junction Chrysis Aktis – Old National Road – junction Kladisos - Kissamos – Skalidi – HatzimichalisGiannari (Market) – Elev. Venizelou – Chania National Stadium (Elena Venizelou) – **Finish** (100 m.).

#### 3.2 Road Race 10 km.

(Participant limit 800 people)

Dedicated to the hero **Captain Kostas Iliakis**.

Start Time: 07:30





**Description of the route:** : Start from Elev. Venizelou (outside the main entrance of the Chania stadium) - HatzimichalisGiannari (Market) - Halidon - Kountourioti (old port) - Talos square - Akti Kanari - AktiPapanikoli - Monis Gonia - Kon/nou Palaiologos - Selino - Georgiakakidon - Kladisos junction - Old National Road - Golden Coast junction - Daskalogianni - **U-turn** (Golden Coast terminus) - Daskalogianni - Golden Coast junction - Old National Road - Kladisos junction - Kissamos - Skalidi - HatzimichalisGiannari (Agora) - Elev. Venizelou – Chania National Stadium (Elena Venizelou) – **Finish** (100 m.).

### 3.3 Road Race 5 km.

(Participant limit 1200 people)

Dedicated to the music composer **Mikis Theodorakis**.

**Start Time: 08:30**



**Description of the route:** Start from Elev. Venizelou (outside the main entrance of the Chania stadium) - HatzimichalisGiannari (Market) - Halidon - Kountourioti (old port) - Talos square - Akti Kanari - AktiPapanikoli - Monis Gonia - Kon/nou Palaiologos - Selinou - **U-turn** (at 130 m.) – Selinou – Monis Gonias - Kissamos – Skalidi – HatzimichalisGiannari (Agora) – Elev. Venizelou – Chania National Stadium (Elena Venizelou) – **Finish** (100 m.).



### 3.4 Road Race 2.5 km

(Participant limit 1200 people)

Included in the values of Mass Sports.

Start Time: 11:30



**Description of the Route:** Start from Elev. Venizelou (outside the main entrance of the Chania stadium) - HatzimichalisGiannari (Market) - Skalidi - Piraeus - Patriarchou Gerasimos - MeletiouMetaxakis - Skalidi - HatzimihaliGiannari (Market) - Elev. Venizelou – Chania National Stadium (Elena Venizelou) – **Finish** (100 m.).

Detailed information and maps with the routes can also be found on the official website of the Organization: [www.crete-marathon.gr](http://www.crete-marathon.gr)

## 4. REGULATIONS OF COMPETITIONS

The Road Races organized by the Crete Marathon have the approval of S.E.G.A.S., a member of WA, and are conducted in accordance with the Articles and Provisions of the "Competition Rules" of WA of the Association of International Marathons and Distance Races (A.I.M.S.) and his S.E.G.A.S. 2020-21.

NOTE: Anything not expressly stated in this document is subject to the WA Regulations of A.I.M.S. and of S.E.G.A.S., while at the same time the Articles with all their Provisions, which govern the Competitionson Public Roads, are automatically and universally put into effect. ([www.segas.gr](http://www.segas.gr), [www.iaaf.org/about-iaaf/documents/rules-regulations](http://www.iaaf.org/about-iaaf/documents/rules-regulations))

Particular attention needs to be paid to complying with the regulations of the following articles (Ch. 1, Articles 6 – 7 & Ch. 7, Article 55), according to which specific actions are considered as assistance and are therefore NOT ALLOWED:

The provisions are automatically and universally enforced of:

Volume C - Chapter 1

Article 6 – Aid to Athletes

Article 7 – Cancellation of a competitor

## Volume C - Chapter 7

### Article 55 – Road Races on Public Roads

#### Basic provisions to be observed:

Article 6.2 Any athlete who provides or accepts assistance within the playing area during a competition (including those provided for in Articles 17.14, 17.15, 54.10 and 55.8 of the Technical Regulations) will receive a warning from the Superintendent and will be informed that, if this is repeated, will be excluded from the specific competition. Note: In the cases covered by Article 6.3.1 of the Technical Regulations, the cancellation may be made without warning.

Article 6.3.1. Pacing by persons not participating in the same race, by athletes who are one lap short or about to be overtaken by one lap, or by any type of mechanical device (except those permitted under Article 6.4) is not permitted. 4 of the Technical Regulations).

Article 55.8.8. The athlete who accepts (from another) or takes refreshment or water himself from a point other than the official stations, except in cases where this is given for medical reasons by the referees of the match or under their supervision, or takes the refreshment of another athlete, should, if this is his first offence, receive a warning from the Superintendent as a rule by showing a yellow card. If he commits the same offense a second time, the Referee will disqualify the athlete, usually by showing a red card. In this case the athlete will immediately withdraw from the competition. Note: An athlete will be able to receive from another athlete or give to another athlete refreshments, water or sponges, provided that he carries them from the start or has collected or received them at one of the official stations. However, any continued support by an athlete to one or more other athletes in this way may be considered unfair assistance, and may result in a warning or disqualification as described above.

## 5. RIGHT TO PARTICIPATE

The runners who will participate in each race must have been born as follows:

- For the **Marathon** Road, people born from **2008 and older**.
- For the **10 km** Road Race born from **2011 and older**.
- For the **5 km** Road Race born from **2014 and older**.
- Runners of all ages can participate in the **2.5 km** Road Race with the following conditions: born in **2019 and older**. Children under the **age of 2020, 2021, etc. can also normally participate, but they MUST be accompanied by adults**.
- **High school and small high school** students can participate in the **5 km** race in an organized manner.
- The **2.5 km** race can also be organized by **elementary school** students.

- To register, students will go to the "Minors" participation type and enter the Code (Key) that their school will create. Otherwise, they can register "Individual" at a different cost.

- Students and school chaperones register with the same code. Chaperones register in the "Group" participation type.

- For individual or group school registrations for minor runners born under the age of 18, during their online registration, the responsible declaration by the parent or guardian must be checked (in text available on the registration website).

All runners must run in **full sports clothing**.

## 6. AWARDS - PRIZES

### 6.1 Prizes

- **Heavy Cups** are awarded to the **first three** overall **Men's and Women's winners** of each road race (**Marathon, 10 km and 5 km**).
- **Cups** are awarded to the **first three Men** and the **first three Women**, in the following Marathon categories: **(19-29), (30-39), (40-49), (50-59), (60-69), (70+)**. According to the year of birth.
- **Cash prizes** will be given to the **first winner** and the first winner of the Road Marathon (**700 euros**), the **second winner** and the second winner of the Road Marathon (**500 euros**), the third winner and the **third winner** of the Road Marathon (**300 euros**).
- **Gift vouchers** (purchase in kind) will be given to the first winner and the **first** winner of the **10 km and 5 km (300 euros)**, the second winner and the **second** winner of the **10 km and 5 km (200 euros)**, the third winner and to the **third** winner of **10 km and 5 km (100 euros)**.
- **Cups** are awarded to the **first three Boys** and the **first three Girls of Lyceums** of **5 km** born in the years **(2008-2009-2010)**.
- **Cups** are awarded to the **first three Boys** and the **first three Girls of High Schools** of **5 km** born in the years **(2011-2012-2013)**.
- **Cups** are awarded to the **first three Boys** and to the **first three Girls of Elementary School** of **2.5 km**, born in the years **(2014-2015-2016)**.
- **All runners** who finish will be awarded a **commemorative anniversary medal** of the Event.
- Participants who will finish in the road race of their choice will have the possibility to print their participation certificate through a special application on the website of the Organization

[www.crete-marathon.gr](http://www.crete-marathon.gr)



### 6.2 Special Awards

By decision of the Technical Committee, special prizes will be awarded in the following distinctions:

- Special award to the first male and female disabled athlete of the Marathon.
- Special award to the first athlete and the first athlete with disabilities, of the 10 km Road Race.
- Special award to the first three (3) female athletes and three (3) male athletes with disabilities, of the 5 km Road Race.

(Running athletes have priority for awarding the disabled)

- Special Mass Entry Awards (most team entry based on number of team members finishing)
  - At the Marathon
  - In the 10 km Road Race.
  - In the 5 km Road Race.
  - In the 2,5 km Road Race.
- Special prize for the most mass participation (most group participation of a school in a second session) based on the number of school members who finished, in the 5 km Road Race.
- Special award for the most mass participation (most group participation of a school of a first edition) based on the number of school members who finished, in the 2.5 km Road Race.
- From all matches after the awards, there will be a raffle for gift vouchers for those present (based on the number of entries).

### **6.3 Benefits**

#### **a. Benefits per participation:**

1. Participation number (BIB Number).
2. Printed information material.
3. Certificate of participation.
4. Commemorative anniversary finishing medal.
5. Match photos.
6. Men's-Women's 10 km, 5 km and 2.5 km event T-Shirt with sleeve, for the Marathon (42,195 m.) Men - Women with sleeve or sleeveless.

**(The women's is in a narrow line – no possibility of change)**

7. Organizer bag.
8. Organization rucksack in the enhanced package in all races.
9. Electronic timing.
10. Online results for all runners.

#### **b. Additional benefits:**

For those who register for the Marathon Games, the 10 km, 5 km and 2.5 km races, there will be special discounts and offers regarding means of transportation, accommodation, dining, entertainment, culture



which will be announced regularly time intervals on the website of the Organization **www.crete-marathon.gr**.

## 7. DECLARATION OF PARTICIPATION – METHODS OF REGISTRATION – TYPES OF REGISTRATION

### 7.1 Declarations of Participation

Participation declarations for all races must be submitted by **Friday 9<sup>th</sup> April 2026**, with online registration at the following address: [www.crete-marathon.gr](http://www.crete-marathon.gr)

**Limited registrations WILL BE MADE in the period from 14/04/2026 until 16/04/2026, at the SDYH office and at the Registration Center during its working days (17-18/4/2026) and if there are places available. NO REGISTRATIONS WILL BE MADE ON THE DAY OF THE GAMES.**

### 7.2 Types of Registration

Registrations are divided into:

**a. Individual**, which are made by individuals. Individual registrations of minors are made by their parent or guardian.

**b. Teams**, which include **10(ten)** runners or more. Group registrations refer to the registration of a group of at least ten(10) runners, who belong to the same club/team and can participate in any event of their choice.

Group registrations are for sports clubs, running clubs, gyms, companies, schools, private and public organizations, travel agencies, families and even simple groups of people who wish to participate as a group.

During group registration, he/she who creates the Group and declares it electronically through the Organization's website is defined as Group Leader. The Team Leader represents it in various matters of communication with the organizers and can participate as a runner-member himself.

For more information about **group registrations**, please call **6945587822**.

## 8. PARTICIPATION COST

The entry fee (in euros) for the registration of each runner per race is shown in the table below. choice in the participation amount!

TYPE OF PARTICIPATION	MARATHON RACE	ROAD RACE 10KM	ROAD RACE 5KM	ROAD RACE 2,5KM
REGISTRATION FEE PER ENTRY UNTIL 30 <sup>th</sup> September 2025				
INDIVIDUAL	25	13	10	8
TEAMS-RUNNERS' ASSOCIATIONS-STUDENTS/UNEMPLOYED DISABLED	20	10	8	6
CHILDREN	-----	(5)	(5)	(5)
REGISTRATION FEE PER ENTRY until 15 <sup>th</sup> December 2025				
INDIVIDUAL	30	15	12	10
TEAMS-RUNNERS' ASSOCIATIONS-	25	12	10	8

STUDENTS/UNEMPLOYED DISABLED				
CHILDREN	-----	(5)	(5)	(5)

REGISTRATION FEE PER ENTRY until 28 <sup>th</sup> February				
INDIVIDUAL	35	17	14	12
TEAMS-RUNNERS' ASSOCIATIONS- STUDENTS/UNEMPLOYED DISABLED	30	14	12	10
CHILDREN	-----	(5)	(5)	(5)
ASSOCIATIONS/STUDENTS/ REGISTRATION FEE PER ENTRY FROM MARCH 1 <sup>ST</sup> 2026				
INDIVIDUAL	40	19	16	14
TEAMS-RUNNERS' ASSOCIATIONS- STUDENTS/UNEMPLOYED DISABLED	35	16	14	12
CHILDREN	-----	(5)	(5)	(5)

**Enhanced package** with additional provision of an **organization backpack** for all matches and for all types of participation, at an additional cost of seven **(12) euros**.

## 📄 Declarations of participation until Friday 9<sup>TH</sup> April 2026

### 8.1 Payment Methods

- **On-line** payment through the website: **www.crete-marathon.gr**, must be done electronically (payment by card) or in cash at the SDYH office (Sfakion 4), within three days of your registration and before completion otherwise considered invalid.

In order for the reduced cost registration of a participant in a race to be considered valid, the necessary supporting documents must be sent, within 3 DAYS (otherwise it will be considered INVALID) from the day of submission of the participation application by e-mail to [registrations@crete-marathon.gr](mailto:registrations@crete-marathon.gr) with SUBJECT: the name of the participant and the race of his choice (e.g. Papadakis, 5 km). In the following days the participant will receive an e-mail confirming his registration.

**ATTENTION: Possible additional charges & bank charges, when paying by credit card, ARE BURGABLE TO THE PARTICIPANT. A registration corresponding to a payment of a lower participation amount than the predetermined amount will be cancelled.**

If the participant does not receive confirmation of registration to the e-mail they have indicated in a short period of time, they must contact the Technical Committee at **registrations@crete-marathon.gr**.

The limited registrations that will be made by personal registration in the period from 14<sup>th</sup> April 2026 until 16<sup>th</sup> April 2026, at the SDYX office (Sfakion 4) and during the operation of the Registration Center, on Friday 17<sup>th</sup> and Saturday 18<sup>th</sup> April 2026 if seats are available, payment will be by cash only.

The Registration Center will operate at the National Stadium of Chania (Andrea Papandreou 59, Chania).

## **8.2 Cancellation Policy**

For the cancellation of participation in the Crete Marathon 2026, the following apply:

- a. In case of cancellation of participation by the runner by 31<sup>st</sup> January 2026, the price of his participation will be refunded, excluding bank charges.
- b. In case of cancellation of the match due to the responsibility of the organizer or due to special reasons, it will be set off with the next event or the participation fee will be refunded in full.

## **9. Social Dividend**

A sum of money (social dividend) will be allocated to support the values of Mass Sports of the prefecture of Chania, from part of the amount of the runners' registrations.

## **10. HEALTH COVERAGE:**

**In any case, all participants take part in the competitions at their own risk.** The organizers bear no responsibility for anything that happens to participants of all road races of the Organization regarding HEALTH issues during the race, which are due to a lack of preventive medical control.

It is essential that all participants have recently undergone a medical examination and, in particular, have undergone a cardiac check-up. The organizers will not request medical certificates for each participant, because all participants compete under their own responsibility and minors under the responsibility of their parents or guardians, by signing the relevant responsible declaration, which is included in the printed or electronic Registration Statement for each competition of the Organization. Disabled runners who need an escort during the race must provide their own escort. During each race, Medical Services and First Aid personnel will be present at the start and finish areas as well as at selected points along the routes to deal with any medical emergency by providing First Aid.

## **11. STORAGE OF RACE CLOTHING**

Runners will be given the opportunity to hand in their individual clothing before the start of the race in which they are participating and collect it after their finish at the **National Stadium of Chania**.

**(Andrea Papandreou 59, Chania).**

## **12. SUPPORT STATIONS**

Bottled water will be available to all race runners at the start, finish, and every 2.5km.

Along the Marathon route there will be support stations for the runners, every 2.5 km.

Isotonic drinks will be available to runners at the start, finish and every 2.5 km, more bars at 7.5 – 17.5 – 25 – 35 km, bananas at 12.5 – 20 – 30 – 37, 5 km, gel and coke at 20 – 32.5 km, and sponges at 10 – 17.5 – 32.5 – 40 km.

Also, there will be the possibility of providing personal drinks and supplements by persons accompanying the runners every 5 km, from the 5th km onwards.

## **13. KILOMETER INDICATIONS:**

In every kilometer of the Marathon routes, the 10 km and the 5 km. there will be an indication of mileage.

#### 14. TIME LIMIT FOR MATCHES

The finish time limit for the **Marathon Road** is six hours **(6:00')** from the scheduled start time of 7:00 (runners must have completed the Marathon by 1:00 p.m.).

For the **10 km Road Race** the time limit is one and a half hours **(1:30)** from the scheduled start time of 7:30 (runners must have completed the 10 km Race by 09:00

For the **5 km Road Race** the time limit is one hour **(1:00)** from the scheduled start time of 8:30 (runners must have completed the 5 km Race by 9:30).

For the **2.5 km Road Race** the time limit is 50 minutes **(50')** from the scheduled start time of 11:30 (runners must have completed the 2.5 km Race by 12:20)

#### 15.1 Electronic Timing

The electronic timing of all the races of the Event, as well as the publication of the results, has been undertaken by a certified timing company. For this reason, all participating runners in the Marathon, 10 km, 5 km and 2.5 km Races should bring the timing chip that they will receive together with their participation number from the Registration Center. Electronic control and timing mats for recording intermediate times will be available:

For the Marathon Road: at the start, at the finish and at 21.1km. Also, runners will have intermediate times and checkpoints along the course and at its extreme points.

For the 10 km, 5 km and 2.5 km Road Races: at the start and finish and at the extreme points of the course.



#### 15.2 Results

For all Road Races of the Crete Marathon Organization in which there is official electronic timing, the Articles and Provisions of the Regulations of the W.A., the A.I.M.S. and of S.E.G.A.S.

The announcement of the results will be made on the website of the Organization [www.crete-marathon.gr](http://www.crete-marathon.gr) after the end of the races. Any objections can be submitted within five (5) calendar days from the day the results are posted.

The announcement of the official results will be made on the website of the organization within ten (10) working days from the day of the games.

If an athlete is disqualified from an event due to the violation of an article of the regulations in force, in the official results he is not ranked, but only listed with a simultaneous reference to the article that was violated (Article 145.1).



## **16. DOCUMENT CENTER**

**Venue: National Stadium of Chania (Andrea Papandreou 59, Chania).**

**Days and Hours of Operation:**

**Friday 17<sup>th</sup> April 2026 from 10:00 till 15:00 and 16:00 till 20:00**

**Saturday 18<sup>th</sup> April 2026 from 10:00 till 15:00 and 16:00 till 19:00**

Participants must receive their participation number and timing chip, as well as the rest of the Event materials, exclusively from the Registration Center.

## **17. EVENTS**

During the period leading up to the day of the games, various events of a cultural, social and ecological nature will be held, which will be announced on the website of the Organization.

## **18. AWARDS**

**10:30** In the first three of the Marathon, of 10 km and 5 km and teams

**13:00** In all other categories.

Chania, 20 – 06 – 2025

### **The Technical Committee**

#### **TECHNICAL DIRECTOR:**

Gryfakis Manos

#### **MEMBERS: (alphabetically)**

Alogdianakis Giorgios

Arkalaki Angela

Katsoulakis Sifis

Kypraiou Rea

Linarakis Manios

Polychronaki Eleni

Tzagaraki Vana

Charalampakis Emmanouil

